

## Meridian Health Clinic - Eric Schmidt, L.Ac.

2020 Broadway St, Suite A, Santa Monica, CA 90404  
(310) 699-4533 • MeridianHealthClinic.com

### PATIENT INFORMATION

DATE \_\_\_\_/\_\_\_\_/20\_\_\_\_ ACCOUNT NO \_\_\_\_\_

LAST NAME \_\_\_\_\_ FIRST NAME \_\_\_\_\_ MIDDLE \_\_\_\_\_

DATE OF BIRTH \_\_\_\_/\_\_\_\_/\_\_\_\_ SEX: MALE / FEMALE MARITAL STATUS: M S D W  
MM DD YYYY

EMAIL \_\_\_\_\_

HOME ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_ PHONE \_\_\_\_\_

EMPLOYER \_\_\_\_\_ OCCUPATION \_\_\_\_\_

WORK ADDRESS \_\_\_\_\_

EMERGENCY CONTACT \_\_\_\_\_ RELATION \_\_\_\_\_

EMERGENCY CONTACT PHONE \_\_\_\_\_

REFERRED PHYSICIAN \_\_\_\_\_ PHONE \_\_\_\_\_

#### INSURANCE COVERAGE:

\*Please complete the form below only if you have coverage for acupuncture and you would like our office to generate a "Superbill" that can be submitted to your insurance plan.

INSURANCE NAME \_\_\_\_\_

SUBSCRIBER \_\_\_\_\_ DOB \_\_\_\_/\_\_\_\_/\_\_\_\_

#### AUTHORIZATION TO SEND SUPERBILL:

**I HEREBY AUTHORIZE ERIC SCHMIDT, LAc/MERIDIAN HEALTH CLINIC (MHC) TO SEND ME A "SUPERBILL" FOR INSURANCE BILLING PURPOSES VIA EMAIL. I UNDERSTAND THAT THIS SUPERBILL WILL CONTAIN PERSONAL INFORMATION INCLUDING BIRTH DATE AND DIAGNOSIS CODES THAT ARE REQUIRED FOR INSURANCE BILLING PURPOSES. I UNDERSTAND THAT MHC WILL NOT BE ABLE TO PROCESS ANY ADDITIONAL FORMS OR PAPERWORK RELATED TO INSURANCE BILLING.**

**IN RARE CASES MHC MAY BE REQUIRED TO CONTACT MY INSURANCE COMPANY DIRECTLY. FOR THESE CASES I AUTHORIZE THE RELEASE OF MY RECORDS TO THE INSURANCE COMPANY FOR BILLING OR REPORTING PURPOSES.**

**I UNDERSTAND THAT I AM FINANCIALLY RESPONSIBLE FOR ALL CHARGES AT THE TIME OF TREATMENT. I UNDERSTAND THAT I KEEP ALL INSURANCE PAYMENTS ISSUED DIRECTLY TO ME AND THAT MHC RELEASES ALL CLAIMS TO THESE INSURANCE PAYMENTS.**

**LASTLY, I UNDERSTAND THAT MHC DOES NOT HANDLE PI CASES (AUTO) OR WORKER'S COMP CASES AND THEREFORE WILL NOT BE ABLE TO PROVIDE PAPERWORK OR DOCUMENTATION FOR THESE CASES.**

\_\_\_\_\_  
PATIENT / GUARDIAN / INSURED

## Meridian Health Clinic - Eric Schmidt, L.Ac.

2020 Broadway St, Suite A, Santa Monica, CA 90404  
(310) 699-4533 • MeridianHealthClinic.com

Dear Valued Customer,

Please complete this questionnaire before your first treatment. All the information will be held confidential unless otherwise required by law or you agree this information may be shared for insurance or healthcare reasons.

Thank You, Eric Schmidt, L.Ac.

How did you hear about us? \_\_\_\_\_

### HEALTH INFORMATION

Please identify your health concerns listed in order of importance below:

#### Condition & Date Began

#### Diagnosis & Past Treatment

1. \_\_\_\_\_

Details: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

2. \_\_\_\_\_

Details: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

#### **Personal Medical History (Include Dates):**

Major Surgeries or Illnesses: \_\_\_\_\_

Known Allergies (food or drug): \_\_\_\_\_

Current Medications & Supplements: \_\_\_\_\_

#### **Lifestyle:**

a. Occupation: \_\_\_\_\_ Hours/Week: \_\_\_\_\_

b. How many hours per night do you sleep? \_\_\_\_\_ Do you wake rested? Y / N

c. Diet: List any dietary specifics including avoided foods: \_\_\_\_\_

\_\_\_\_\_

Cravings: \_\_\_\_\_

Meals per day? \_\_\_\_\_ Water per day (8 oz glasses)? \_\_\_\_\_

d. Nicotine/Alcohol/Caffeine Use (give the number per day if applicable):

\_\_\_\_\_ Coffee \_\_\_\_\_ Black Tea \_\_\_\_\_ Soft Drinks \_\_\_\_\_ Cigarettes \_\_\_\_\_ Alcohol

## Meridian Health Clinic - Eric Schmidt, L.Ac.

2020 Broadway St, Suite A, Santa Monica, CA 90404  
(310) 699-4533 • MeridianHealthClinic.com

- e. Exercise routine: \_\_\_\_\_
- f. Interests and hobbies: \_\_\_\_\_
- g. Activities you do for relaxation: \_\_\_\_\_

### Body Pain:

How did your pain begin: ☐ Gradually? ☐ Suddenly?

Please describe when and how it began: \_\_\_\_\_

Do you have pain: ☐ All the time? ☐ Sometimes?

How painful is your condition on a scale from 1-10: \_\_\_\_\_

(1 = Slight Pain, 10 = Extreme Pain)

Is your pain worse when you:




☐ Sit ☐ Bend ☐ Walk ☐ Lift ☐ Push ☐ Pull ☐ Other: \_\_\_\_\_

Does your pain interfere with: ☐ Work? ☐ Sleep? ☐ Daily Routine?

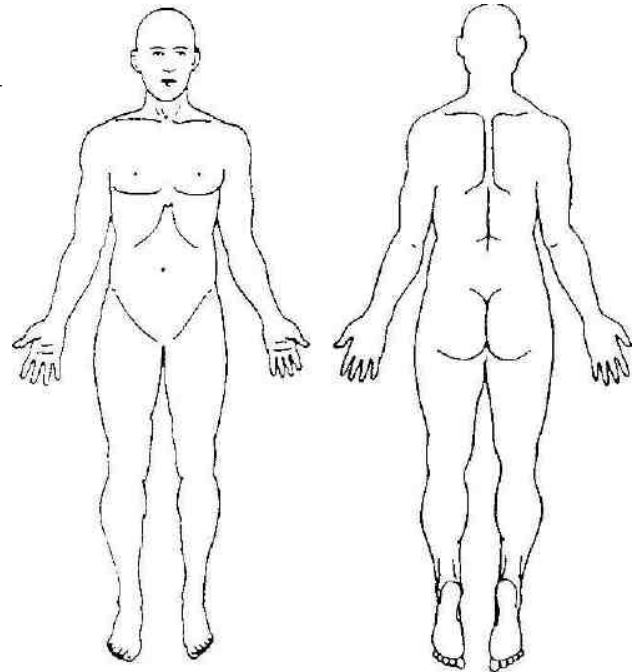
Do you feel your present condition is:

☐ Temporary? ☐ Permanent? ☐ Don't know

Please mark areas of pain on the figure to the right using the codes:

Burning: +++ Sharp:    Dull: 000

Worse with Cold: CCC



Have you been treated for emotional problems? Y / N

Have you ever considered or attempted suicide? Y / N

Any other problems you would like to discuss? \_\_\_\_\_

The information given here is true to the best of my knowledge:

Signature: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/20\_\_\_\_

### Women Only: please check if you have any of the following:

#### Past Current

\_\_\_ \_\_\_ Abnormal PAP smear  
\_\_\_ \_\_\_ Pain with menstruation  
\_\_\_ \_\_\_ Birth control pill use  
\_\_\_ \_\_\_ Bleeding between periods  
\_\_\_ \_\_\_ Bleeding during/after sex  
\_\_\_ \_\_\_ Bloating before periods  
\_\_\_ \_\_\_ Irregular periods

Interval between periods: \_\_\_\_\_

Number of pregnancies: \_\_\_\_\_

Method of birth control: \_\_\_\_\_

#### Past Current

\_\_\_ \_\_\_ Hot flashes  
\_\_\_ \_\_\_ Menopause  
\_\_\_ \_\_\_ IUD use  
\_\_\_ \_\_\_ Infertility  
\_\_\_ \_\_\_ Clots in flow  
\_\_\_ \_\_\_ PMS  
\_\_\_ \_\_\_ Endometriosis

Duration of menstrual periods: \_\_\_\_\_

Births: \_\_\_\_\_

#### Past Current

\_\_\_ \_\_\_ Breast lumps  
\_\_\_ \_\_\_ Scanty bleeding with period  
\_\_\_ \_\_\_ Sickness/weakness  
\_\_\_ \_\_\_ Vaginal discharge/sores  
\_\_\_ \_\_\_ Vaginal dryness/itching  
\_\_\_ \_\_\_ Heavy bleeding with period  
\_\_\_ \_\_\_ Breast swelling or pain

Date of last period: \_\_\_\_/\_\_\_\_/20\_\_\_\_

Are you pregnant? Y / N